

A lighting equipment comprising a reflector having a substrate comprised of a thermoplastic resin containing an alicyclic structure on which is formed a reflecting layer having a reflectance of at least 70%. The reflecting layer of the reflector is preferably comprised of a metal. The reflecting layer preferably has a thickness of 5 to 10,000 nm. The amount of the repeating units containing polar groups in the thermoplastic resin containing an alicyclic structure is preferably not more than 50 wt%. The thermoplastic resin containing an alicyclic structure preferably has a melt flow rate of 4 to 100 g/10 min.